Specimen Instructions

Genomic Medicine Institute
Center for Personalized Genetic Healthcare

1. Draw blood into four 10ml yellow top (ACD-A) tubes and (1) one gold top SST 5ml tube. Please send whatever you can draw.

2. Complete all labeled tubes with date of blood draw.

3. Place tubes into Styrofoam mailer. Lay absorbent pad on top of tubes.

4. Secure Styrofoam mailer lid with rubber band.

5. Please Styrofoam mailer into rigid cardboard outer box.

6. Place rigid cardboard box inside of plastic biohazard bag and seal shut.

7. Fill in section 1 (Shipment From) with your name and address. If you are not using a pre-printed FedEx way-bill or are shipping internationally, please contact us at (800) 223-2273 x 57869.

8. Place packaged kit (and any documentation) inside of plastic laboratory shipping bag and seal shut.

9. Ship blood within 48 hours of collection. Store blood at room temperature and out of direct light until it is shipped.

10. Please use a FedEx drop box or take to a commercial business that accepts FedEx near your location. Please send email to gmb@ccf.org to let us know your shipment is coming.

All shipments go to:
Genomic Medicine Biorepository R4-041, Cleveland Clinic
2119 E 93rd St., Cleveland, OH 44106
Tel: 216-444-4731

If you have any questions about this process please call our Research Hotline at (800) 223-2273 x 57869.
For specific billing and payment questions please call 216-445-5850

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